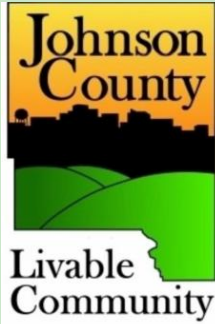


# JCLC June 2024 Newsletter



## Johnson County Livable Community Information for Successful Aging

*> the primary information resource for Seniors <*

**[www.livablecommunity.org](http://www.livablecommunity.org)**

## June Primary Election

In a Primary Election, voters choose the November general election nominees of the three full-status parties - Democratic, Libertarian and Republican. Each party has its own ballot listing only candidates from that party. In order to vote in the primary election, voters must declare a party affiliation. Voters can change affiliation at the time they vote or request a mailed ballot.

Voting dates in June:

- Saturday, June 1: Auditor's Office required by law to be open for early voting.
- Monday, June 3: Last day for in-person early voting.
- Tuesday, June 4: Election Day. Polls open 7:00 am - 8:00 pm. Mailed absentee ballots must be returned by 8:00 pm



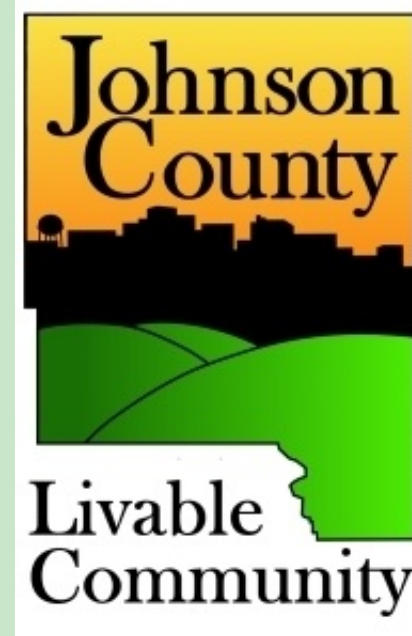
The Press-Citizen has compiled a list of Johnson County candidates and the surrounding area. You can find it [here](#).

## Want to be more involved in your community?

The Johnson County Board of Supervisors announces nine vacancies on the Livable Community for Successful Aging Policy Board for three-year terms beginning upon appointment and expiring June 30, 2027. Five vacancies are for individuals affiliated with an aging/livable organization and four vacancies are for residents of Johnson County.

From collaborative leadership roles to serving in an educational and informational capacity to promoting safety, health and wellness, Johnson County Livable Community (JCLC) wants to help you put your volunteer skills and interests to good use.

The Policy Board provides financial oversight, monitoring and program planning to support the vision of Johnson County as a livable community for successful aging. The Policy Board encourages and supports the efforts of governmental units, businesses, and private and non-profit organizations to help Johnson County be a model community for seniors.



#### Current Committees & Action Teams

**2024 Healthy Aging Fair Action Team:** Planning and Implementing the 2024 Healthy Aging Fair, designed for seniors

**AARP Age-Friendly Action Team:** Working towards AARP Age-Friendly Certification

**Communications Committee:** Develops monthly newsletter

**Housing Action Team:** Works to advocate locally for creative housing solutions

**Dementia Friendly Johnson County:** Working to break the stigma surrounding dementia by creating awareness, educating community members and businesses, along with growing the network of dementia friends.

Application forms are available on the Committee/Board Openings webpage of the [Johnson County website](#).

Find out more information about the [Livable Community for Successful Aging Policy Board](#) today!

Email [applications@johnsoncountyiowa.gov](mailto:applications@johnsoncountyiowa.gov) or call the Board Office at **319-356-6000** if you have questions, need assistance, or require accommodations with the boards/commissions application process.

## Senior Farmer's Market Nutrition Program

The Senior Farmer's Market Nutrition Program is sponsored through the US Department of Agriculture and administered through the Heritage Area Agency on Aging.

Qualified seniors will receive \$50 worth of checks to use at participating area farmers' markets vendors per year.



## Eligibility Requirements:

- \*At least 60 years of age
- \*Live in Johnson County or the service area of the Heritage Area Agency on Aging
- \*For Single Person:  
Annual income of less than \$27,861 (equal to \$2,321 per month)
- \*For Married Couple:  
Annual income of less than \$37,814 (equal to \$3,151 per month)

## How do I apply?

Everyone who received checks from Heritage AAA in 2023 will automatically be mailed an application for 2024.

If you did not participate in 2023 or need to update your address, please call Heritage AAA to provide your name and contact information: 319-398-5559.

Heritage AAA will begin mailing checks to eligible applicants in early June.



# Farmer's Market 2024

## Coralville

Iowa River Landing, Coralville, IA

Wednesday, 4:30 p.m. - 6:30 p.m., May 22 - October 2, 2024

## Field to Family Online Farmers Market

Visit [orders.fieldtofamily.org](https://orders.fieldtofamily.org) and 'Sign Up'. Order online Monday 8 a.m. - Tuesday at noon. Pick up at Pepperwood Plaza (1067 HWY 6, Iowa City) or have orders delivered on Thursday.

Ordering opens on Earth Day and runs through the Winter Solstice (April 22, 2024 - December 19, 2024)

## Global Food Project Farmers Market

Johnson County Historic Poor Farm



4811 Melrose Ave., Iowa City, IA 52246  
Thursday, Time TBD, July - September 2024

### Iowa City

405 E. Washington St., Iowa City, IA 52240  
Saturday, 7:30 a.m. - 12:00 p.m., May - October 2024

### Johnson County Market

Johnson County Fairgrounds in Building C, 4261 Oak Crest Hill Rd., Iowa City, IA  
Every other Sunday, November - April

### Lone Tree

Main Street/ABC Park, Lone Tree, IA  
Tuesday, 4:00 p.m. - 6:30 p.m., May - October 2024

### Solon

Mushroom Park Parking Lot, Solon, IA  
Tuesday, 3:00 p.m. - 6:00 p.m., June - September 2024

### Swisher

Downtown City Park, Rose & 2nd Ave Swisher, IA 52338  
Thursday, 4:30 p.m. - 6:30 p.m., June 6 - October 10, 2024

### University Heights

Former University Athletic Club Parking Lot, Melrose Ave., Iowa City, IA 52246  
Tuesday, 4:00 p.m. - 6:00 p.m., May 28 - September 24, 2024

### West Branch

Heritage Square, West Branch, IA  
Tuesday, 4:00 p.m. - 6:00 p.m., Mid-May - Mid-October, 2024  
Middle School Commons, 900 W. Main St, West Branch, IA  
1st Saturday of the Month Nov, Dec, Feb, March, April, 10:00 a.m. - 12:00 p.m.

## Juneteenth

A Juneteenth concert and celebration for the entire county will take place in Downtown Iowa City on Friday, June 14, 2024, so mark your calendars for an evening of fun for everyone. All events listed will take place in the Downtown Ped Mall.

Friday night's event will feature a wide assortment of attractions for all ages:



4 p.m. - Johnson County Resource Fair and Vendors

- 5 p.m. - Free food by Royceann's Soul Food, while supplies last
- 5 p.m. - Basketball, balloon twisting, face painting, and more.
- 5:30 p.m. - Dream City Performing Arts Academy
- 5:50 p.m. - Spoken Word Performance
- 6:30 p.m. - Blake Shaw and Alyx Rush musical performance, presented by Summer of the Arts
- 7:00 p.m. - Fashion Show presented by Wright House of Fashion, sponsored by GreenState Credit Union
- 8 p.m. - Shining Star Band: A Tribute to Earth, Wind & Fire

The Juneteenth Celebration will be an evening of family-friendly entertainment with various attractions such as the Iowa City Public Library's Bookmobile and The Iowa Children's Museum. Additionally, vendor booths will offer arts, crafts, and merchandise, while informational booths will showcase local nonprofits and service agencies. Feel free to bring a lawn chair or blanket to relax or dance the night away with help from our musical entertainers.

Juneteenth commemorates the end of slavery in the United States. On June 19, 1865, two-and-a-half years after the Emancipation Proclamation, Union soldiers sailed into Galveston, Texas, and read aloud the order, freeing a quarter of a million slaves who were residing in the state.

Juneteenth events will be held throughout Johnson County around the holiday. Visit [icjuneteenth.com](http://icjuneteenth.com) to see the many ways you can celebrate!



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Iowa Underground  
Railroad Trip with  
ICSC's  
Original Mature

# Groovers

Saturday, June 8, 9am-3pm

In the mid-1800s, Iowa, a free state, experienced ramifications from systemic slavery practiced by southern states, particularly Missouri. Enslaved people

attempted to make their way to freedom through many routes in Iowa which led to northern cities and Canada. Networks of people dedicated to helping the freedom seekers formed and came to be called the under-ground railroad. The Senior Center's Original Mature Groovers invite you to join on a journey exploring sites and history of the Underground Railroad in southeast Iowa; and an opportunity to deepen relationships with others in your chapter. More details coming soon.

Fee includes transportation; participants pay for their own lunch. Fee: \$70 (\$40 for participants in ICSC's low-income membership program); pay ICSC at registration.



[Click here for more information](#)

## Johnson County Summer Events



Click below for the Iowa City Downtown District Summer Calendar.

Iowa City  
Downtown District  
Calendar



Visit the Summer of the Arts website for more details on summer events.

Summer of the  
Arts Calendar



The Johnson County  
Fair

The Johnson  
County Fair 2024  
Schedule

Iowa City Pride Festival  
June 15th, 2024

# Moving Forward with Strength!!

*from noon until 10 pm in downtown Iowa City.*



[Click here for more information on Iowa City Pride Festival](#)

## North Liberty City-Wide Garage Sale



**June 13-15, 2024**

*An epic annual city-wide  
shopping event*





# Coralville 4th Fest

When: July 1st-4th

Where: Coralville, Iowa

Most events are free

[Click here for more details on Coralville's 4th Fest](#)

**PROVIDING RECREATION, SOCIAL, AND WELLNESS OPPORTUNITIES FOR ADULTS AGE 55+**

### Nature Walk

If you enjoy casual walks in nature with friends on trails, this is for you. We'll explore different trails in the Coralville area and get some exercise.

**THURSDAY 9:30-10:30 A.M.**

DATE	LOCATION
May 30	Clear Creek Trail, meet at the Youth Sports Park
June 20	Muddy Creek Trail, meet at Wickham School
July 25	Iowa River Trail, park near Quarry Road and 7th Street
Aug. 15	Muddy Creek Trail, meet on 12th Ave. and Maplewood Dr.

Price: Free  
Note: Walk is canceled if inclement weather.

### Coffee and Crafts

Bring a project and enjoy some time with fellow crafters. Enjoy conversation and learn a new skill from one another. Coffee, crafting, and conversations...a great way to spend a morning together!

**1ST & 3RD THURSDAY**

DATE	TIME
May 2 and 16	9:30-11:30 a.m.
June 6 and 20	9:30-11:30 a.m.
July 18*	9:30-11:30 a.m.
Aug. 1 and 15	9:30-11:30 a.m.

\*No Coffee and Crafts on July 4.  
Price: Free

### Patio Lunch Club

It's always more fun to eat lunch with friends. We'll meet at a different restaurant each month on the outdoor patio. Call the Recreation Center to make your reservation. We set up the reservation at the specified restaurant, but the lunch expense is the responsibility of the participant.

**TUESDAY 11:30 A.M.**

DATE	LOCATION	CLASS #
May 21	Barrett's Quality Eats	8010.200
June 11	Tin Roost	8010.201
July 30	Marquee Pizzeria	8010.202
Aug. 27	Edgewater Grille	8010.203

Price: Free  
Note: Lunch is canceled if inclement weather.  
Deadline: 24 hours prior to the lunch date.

### engAGE Picnic

Pack up your favorite sandwich or lunch item and eat while visiting with friends! We will meet at S.T. Morrison Park Fireside Shelter for lunch. (By the pond). Hopefully it will be a beautiful day and we can walk the trail through the park after lunch.

**WEDNESDAY**

DATE	TIME
June 26	11:30 a.m.-1:00 p.m.

Price: Free  
Location: S.T. Morrison Park, Fireside Shelter  
Note: Bring lunch and beverage.  
Rain date: June 27

319.248.1750      SUMMER 2024 CORALVILLE ACTIVITY GUIDE      25



Volunteers from the Johnson County Livable Community Policy Board accepted Proclamations at all of the municipalities within Johnson County during the month of May in honor of Older Americans Month.



**IOWA**

**College of Nursing**

Barbara and Richard Csomay  
Center for Gerontological Excellence

**CALLING ALL ADULT CHILDREN CARING**

# FOR OLDER LOVED ONES!

Are you an informal caregiver for an older adult? If so, then you know that supporting an aging loved one comes with a wide range of emotions and challenges.

To serve this growing community, Jennifer Jones and Ceil Miller-Bouchet—both adult children experiencing caregiving for older parents—are organizing a group where adult children caregivers (or future caregivers) can share information, find community, and learn from experts about the many topics involved with accompanying an older adult on their aging journey.

Please join us for an initial open house from 10am – 12pm on Thursday, July 11, 2024, at the Csomay Center for Gerontological Excellence (room 435) located in the College of Nursing, 50 Newton Road, University of Iowa.

This will be a very informal gathering where we will share our needs, wants, and goals for this new support group. Feel free to stop by for a few minutes or for the entire time. The Csomay Center mission is to promote optimal aging and quality of life for all older adults and their caregivers. Serving as a resource hub for community members and organizations, they have the vision that every older adult receives the care they want when they want.

Please register by July 1, 2024, by contacting Jennifer Jones at the Csomay Center, [Jennifer-e-jones@uiowa.edu](mailto:Jennifer-e-jones@uiowa.edu). And if you can't attend but have suggestions or questions, feel free to get in touch.

Parking is available in the Newton Road Ramp parking garage. There are also bus stops conveniently located in front of the College of Nursing. Please join us to be a part of this planning process!

## Local Programming & News

<a href="#"><u>Senior Connections Lunch</u></a>	<a href="#"><u>AARP Iowa Events</u></a>	<a href="#"><u>Alzheimer's Association Upcoming Events</u></a>	<a href="#"><u>Solon Senior News Newsletter</u></a>
<a href="#"><u>Silver Linings Older Iowans</u></a>	<a href="#"><u>Hancher Auditorium Upcoming Events</u></a>	<a href="#"><u>Iowa City Senior Center Iowa City-May/ June Activity Guide</u></a>	
<a href="#"><u>Stanley Museum</u></a>	<a href="#"><u>Trail of Johnson</u></a>	<a href="#"><u>UI Center of</u></a>	

[of Art Calendar](#)

[County Calendar](#)

[Human Rights  
Events](#)



JoCo Livable Community | 855 S. Dubuque St., Suite 202B | Iowa City, IA 52240 US

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