

Johnson County, Iowa
Resource Directory

Name of Organization	Categories	Programs	Website	Phone Number	Address	Email
UnityPointHealth - AbbeHealth Services	Crisis Services, Mental Health Services	Behavioral Health care including psychiatry, counseling, therapy, and care coordination. Same day access available.	https://www.unitedpoint.org/locations/unitedpoint-health---abbehealth-services---abbe-center-for-community-mental-health---iowa-city	(319) 338-7884	1039 Arthur St., Iowa City, IA 52240	
Abbe Center Integrated Home Health (IHH)	Care Coordination, Case Management	Care Coordination for individuals with serious mental illness.	https://www.unitedpoint.org/locations/unitedpoint-health---abbehealth-services---abbe-center-for-community-mental-health---iowa-city	(319) 338-7884	1039 Arthur St., Iowa City, IA 52240	
Abbe Center Projects for Assistance in Transition from Homelessness (PATH)	Case Management, Homeless Services, Mental Health Services	Outreach and engagement, training in resiliency, short-term case management, assistance in obtaining permanent supportive housing, transitional housing, or emergency shelter, assistance in obtaining screenings and treatment, medications, and co-occurring mental health and substance use treatment, referrals for primary health care, Social Security Disability, job training, educational services.	https://hhs.iowa.gov/programs/programs-and-services/housing-homelessness-transition	(319) 430-7234	1039 Arthur St., Iowa City, IA 52240	ccardwell@unitedpoint.org
AbbeHealth Chatham Oaks Residential Care Facility	Residential Care	Provide short and long-term residential treatment services for adults with mental health and medical conditions, intellectual disabilities and elderly who require 24-hour treatment and supervision. Our programs help individuals gain the necessary skills to return to live in the community of their choice. Psychiatric services, medical services, social services, nursing services, skill attainment and community integration activities.	https://www.unitedpoint.org/locations/unitedpoint-health---abbehealth-services-chatham-oaks-residential-care-facility---iowa-city	(319) 887-2701	4515 Melrose Ave, Iowa City, IA 52240	
Access to Independence	Case Management, Care Coordination, Home and Community Based Services	Employment Supports, Independent Living Skills Training, Information & Referral, Peer Counseling, Transition Services, Youth Services	https://access2independence.org/	(319) 338-3870	1556 S. 1st Ave., Suite B, Iowa City, IA 52240	info@access2independence.org
Area Payee Services	Payee Services	Provides payee representation for Social Security Benefits	https://www.areapayeeservices.com/payee-representatives	(319) 364-9800	1436 L St. SW, Cedar Rapids, IA 52404	
Brain Injury Alliance	Brain Injury Services, Case Management, Mental Health Services	Offers support in coping with the issues of living with brain injury and transitioning back to work and the community. Provides brain injury specific information and resources, enhances natural supports, provides training to service providers to increase Iowa's capacity to provide appropriate services, accessing, securing, and maximizing funding, monthly support groups, and provides information and guidance related to brain injury and multi-occurring conditions like mental health and substance abuse.	https://biaia.org/donate/	(855) 444-6443	1556 S. 1st Ave, Iowa City, IA 52240	info@biaia.org

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Caring Hands and More	Day Habilitation, Employment Services, Home and Community Based Services	Caring Hands mission is to serve local individuals and families with a wide variety of care services. Offers short or long-term home care assistance, community living support, adult day habilitation, medicaid services, and vocational services.	https://caringhandsandmore.com/	(319) 337-8922	409 Kirkwood Ave, Iowa City, IA 52240	
Center for Disabilities and Development	Disability Services	The Center for Disabilities and Development at University of Iowa Stead Family Children's Hospital delivers evidence based clinical services, statewide community programs, interdisciplinary education and training, and state-of-the-art research for Iowans with disabilities, and their families and providers. Services available for ADHD, Autism, Behavioral Concerns, Developmental and Behavioral Pediatrics, Learning Disorders, Movement Difficulties, Spasticity, Spina Bifida.	https://uihc.org/childrens/services/center-disabilities-and-development	(319) 353-6900	100 Hawkins Dr, Iowa City, IA 52242	
Child Serve	Autism Services, Brain Injury Services, Disability Services, Mental Health Services, Youth Services	ChildServe improves the health and well-being of 5,800 children each year through specialized clinical, home, and community-based programs and services. Experts in pediatric rehabilitation and care for children and young adults who have a wide variety of developmental delays, disabilities, injuries, and other special healthcare needs.	https://www.childserve.org/	(319) 351-5437	2350 Oakdale Blvd., Coralville, IA 52241	
Community Inclusion Club	Peer Support Services	Create Socially Inclusive Opportunities for People with Disabilities and Their Non-Disabled Peers.	https://www.communityinclusionclub.com/home			communityinclusionclub@gmail.com
Community Violence Intervention Program (CVI)	Case Management	Community Violence Intervention (CVI) is an approach that uses evidence-informed strategies to reduce violence through community-centered initiatives. Community violence affects millions of people, families, schools, and communities every year, causing significant physical injuries, trauma, economic impact, and mental health conditions. JOCO CVI establishes relationships between individuals and the community to provide support that saves lives, addresses trauma, provides opportunity, and improves the physical, social, and economic conditions that drive community violence within Johnson County and surrounding areas.	https://johnsoncountyiowa.gov/home/community-violence-intervention	(319) 930-6259	500 S. Clinton St., Suite 400, Iowa City, IA 52240	jlang@johnsoncountyiowa.gov
Compeer	Mental Health Services, Peer Support Services	The Compeer Program matches community volunteers in supported friendships with adults who are receiving mental health treatment. Participants are referred to the program by their mental health professional. Community volunteers are screened, trained, and meet with the selected participant's mental health professional before they learn the identity of the client.	https://compeerjohnsoncountyiowa.org/	(319) 383-6264	2701 Rochester Ave., Iowa City, IA 52245	

Johnson County, Iowa
Resource Directory

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Dependent Adult Abuse	Disability Services	Report dependent adult abuse 24 hours a day. If a dependent adult is in imminent danger, call 911.	https://hhs.iowa.gov/contacts/child-or-dependent-adult-abuse-reporting	(800) 362-2178		
Disability Rights Iowa	Disability Services, Legal Services, Payee Services	DRI has the authority to investigate complaints of abuse or neglect of individuals with disabilities. DRI helps adults and youth with disabilities. DRI does not have an income limit, citizenship or a language requirement to qualify for help. A disability is a physical or mental impairment that substantially limits one or more major life activities.	https://disabilityrightsiaowa.org/	(515) 278-2502	666 Walnut St., Suite 1440, Des Moines, IA 50309	
Four Oaks	Adoption Services, Community Based Services, Foster Care, Housing Assistance, Mental Health Services	When children hurdle obstacles to success, whether it be housing, education, family stability, or safety, our families, homes, neighborhoods, and communities become stronger. Four Oaks believes in a family-centered approach. Children need adults to guide them. Sometimes, adults need help with parenting. We work to heal and to help families become stronger.	https://fouroaks.org/	(319) 337-4523	1916 Waterfront Dr., Iowa City, IA 52240	info@fouroaks.org
Goodwill	Day Habilitation, Disability Services, Employment Services, Home and Community Based Services	Mental Health Supports, Job Readiness Training, Helms Career Center, Thrift Store	https://www.goodwillheartland.org/locations/	(319) 337-4158	1025 Wade St., Iowa City, IA 52240	
Healthy and Well Kids in Iowa (Hawki)	Healthcare Services	Iowa offers Hawki health insurance for uninsured children of working families.	https://hhs.iowa.gov/programs/welcome-iowa-medicare/iowa-health-link/hawki			
Hoeffer Law Firm	Social Security Disability Assistance, Workers' Compensation, Veterans' Benefits Assistance	A team of legal professionals who believe that people with injuries and disabilities deserve a level playing field. The regulations governing Social Security, VA, and Workers' Compensation benefits are complicated and confusing – and changing every day. We have devoted our entire practice to understanding those rules and to helping our clients cut through the red tape.	https://hoefferlaw.com/	(319) 338-5343	1700 S. 1st Ave., Eastdale Plaza Suite 11, Iowa City, IA 52240	info@hoefferlaw.com
Iowa City Free Mental Health Clinic	Mental Health Services	Provides transitional mental health care to bridge the gap for uninsured or underinsured in the state of Iowa. Scheduled in-person psychiatric clinics and telepsych appointments.	https://sites.google.com/freementalhealthclinic/iowacity.com/website/home	(319) 322-8317	1039 Arthur St., Iowa City, IA 52240	clinic@freementalhealthclinic-iowacity.com
Iowa City Hospice & Visiting Nurse Association	Disability Services, Healthcare Services, Older Adult Services	The Visiting Nurse Association of Johnson County (VNA) is a non-profit organization established in 1949 for the purpose of providing health services to individuals in their home and in community settings. The VNA provides in-home medical services to individuals ranging in age from infants to elders with acute and chronic illness or disability. VNA has a nurse on call 24 hours a day for patient concerns.	https://vnaic.org/	(319) 337-9686	1524 Sycamore St., Iowa City, IA 52240	

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Iowa City Parks and Recreation	Disability Services	Adaptive and Inclusive programs provide leisure opportunities for persons with disabilities. Persons with disabilities are encouraged to participate in any of the recreation programs offered by the Recreation Division. Inclusion services are offered to residents at no additional cost to the family. Inclusion supports may come in the form of one or more of the following: program observation, staff training, program modification, modified equipment, and/or an inclusion companion.	https://www.icgov.org/government/departments-and-divisions/parks-and-recreation/recreation/adaptive-inclusive-recreation#:~:text=Adaptive%20and%20Inclusive%20programs%20provide,by%20downloading%20the%20Registration%20Form.	(319) 356-5100	220 S. Gilbert St, Iowa City, IA 52240	msmysor@iowa-city.gov
Iowa Department for the Blind	Blind and Visually Impaired Services	The Iowa Department for the Blind helps empower blind and visually impaired Iowans to lead active and fulfilling lives. The Department educates and trains them in alternative techniques while instilling them with confidence for independent living and competitive job placement. These skills enable those with vision loss to fully participate in life, through work, family and community and helps them achieve their dreams.	Iowa Department for the Blind Department for the Blind	(515) 281-1333	524 Fourth Street Des Moines, IA 50309-2364	contact@blind.state.ia.us
Iowa Compass	Disability Services	Iowa Compass connects people with disabilities and complex health-related needs to services and supports in their communities throughout Iowa.	https://www.iowacompass.org/	(800) 779-2001	100 Hawkins Dr. #221, Iowa City, IA 52242	
Iowa Health and Wellness Program	Health Insurance	The Iowa Health and Wellness Plan (IHAWP) provides comprehensive health coverage at low or no cost to Iowans between the ages of 19 and 64. Eligibility is based on household income.	https://hhservices.iowa.gov/apspssp/sp.portal		Iowa Medicaid, Iowa health and Wellness Plan Contributions, PO Box 14485, Des Moines, IA 50306	
Iowa Vocational Rehabilitation	Disability Services, Employment Services	Works with Iowans with disabilities and help them find successful employment across the workforce.	https://workforce.iowa.gov/locations/iowa-city-vr-area-office	(319) 354-4766	1700 S. 1st Ave., Eastdale Plaza Suite 11-A, Iowa City, IA 52240	IVRSICAOreferrals@iowa.gov
Johnson County Navigators	Care Coordination, Case Management	Navigator Services assist individuals/caregivers by providing information, referrals, aid in accessing supporting services, and care coordination. Provide advocacy, support, and short-term coordination of services, provide follow-up to ensure consumer received needed services, provide application and apperwork assistance for social service programs	https://www.johnsoncountyiowa.gov/social-services/navigator-services	(319) 356-6090	855 S. Dubuque St., Suite202B, Iowa City, IA 52240	socialservices@johnsoncountyiowa.gov
Mayor's Youth	Day Habilitation, Mental Health Services, Residential Services	MYEP is a non-profit organization dedicated to providing advocacy and person-centered services which facilitate personal growth and community inclusion to people with disabilities. Offers a residential supported community living program and an adult day program.	https://myep.us/	(319) 341-0060	407 Highland Ct., Iowa City, IA 52240	info@myep.us

Johnson County, Iowa
Resource Directory

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Miracles in Motion Therapeutic Equestrian center	Disability Services, Mental Health Services	At Miracles in Motion Therapeutic Equestrian Center we use horses to work effectively with adults and children who, due to disabilities or complex medical conditions, need assistance in developing the kinds of everyday skills that allow them to function more independently at home, school, or work. We offer several options for people with physical, motor, social, or cognitive disabilities, including therapeutic riding classes, hippotherapy sessions, un-mounted programs, or a combination to aid in rehabilitation, therapy routines, and strengthening. Scholarships available.	https://miraclesinmotion.com/	(319) 857-4141	2049 120th St. NW., Swisher, IA 52338	miraclesinmotion@gmail.com
NAMI Johnson County	Mental Health Services, Peer Support Services	Support groups for individuals and family members of those experiencing mental illness.	https://namijc.org/	(319) 337-5400	1531 S. Gilbert St., Iowa City, IA 52240	
Optimae	Mental Health Services	Services have grown to include community-based, behavioral health, home health, supported employment, rehabilitation and residential services.	https://optimaelifeservices.com/	(319) 499-5522	2460 Towncrest Dr., Suite 1, Iowa City, IA 52240	tliptak@optimaelifeservices.com
Pathways Adult Day Health Center/Aging Services	Day Habilitation, Mental Health Services, Older Adult Services	Pathways Adult Day Health Center provides cognitively and physically stimulating programming, assistance with personal care, and nursing services for adults with physical, cognitive or mental health challenges. Our program provides opportunities for socialization for the participant as well as providing respite for caregivers.	https://www.unitypoint.org/locations/unitypointthealth---abbehealth-services-pathways-adult-day-health-center---iowa-city	319-339-6162	817 Pepperwood Lane, Iowa City, IA 52240	
Payee Services and Solutions	Payee Services	Provides representative payee services for Social Security benefits.	https://www.payeesands.org/	3193585733	407 Highway 1 W, Iowa City, IA 52246	PayeeSandS@gmail.com
Project Lifesaver	Safety Services	Project Lifesaver is the premier search and rescue program operated internationally by public safety agencies, and is strategically designed for “at risk” individuals who are prone to the life-threatening behavior of wandering. The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children with the propensity to wander due to a cognitive condition. Find out more about the program by filling out the Project Lifesaver Information Request Form.	http://www.jecc-ema.org/ema/lifesaver.php	(319) 356-6762	4529 Melrose Ave, Iowa City, IA 52246	travis.beckman@jecc-ema.org
R Place	Peer Support Services	Activities, classes, groups, fun, games, arts and crafts, outings, holiday activities, peer-led meeting place, restorative environment, safe, nurturing, non-judgmental community. R Place offers free phone or Zoom calls and texts with a Peer Support Specialist. Receive remote emotional support, help with referrals, coping skills, and more!	https://namijc.org/r-place/	(319) 354-3455	702 S. Gilbert St, Suite 111, Iowa City, IA 52240	rplace@namijc.org

Johnson County, Iowa
Resource Directory

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Reach for Your Potential	Brain Injury Services, Disability Services, Day Habilitation Services, Disability Services, Payee Services	RFYP provides hourly and 24-hour supported community living services. Service hours are available seven days a week during times individuals would like staff. From medical monitoring to daily living skills training and active community involvement, we strive to support our members' development of interpersonal relationships, pre-employment skills, and/or educational development.	https://rfyp.org/	(319) 354-2983	1705 S. First Ave, Suite I Iowa City, IA 52240	
REM Iowa	Brain Injury Services, Disability Services	Intermediate Care Facilities (ICF) that offer personalized support for adults and children with Intellectual and Developmental disabilities (ID). Provides home and community based services and intermediate care facility services.	https://www.remiowa.com/coralville2/	(319) 834 - 1155	2570 Holiday Road, Suite 120 Coralville, IA 52241	
Shelter House	Emergency Shelter, Employment Services, Housing Assistance, Homeless Services, Mental Health Services	Emergency shelter with supportive case management. Street outreach services. Eviction Prevention services. Permanent Supportive Housing. Recovery program for people with mental illness who are seeking community, peer support, longterm stable housing, supported employment, and mental health stability.	https://shelterhouseiowa.org/	(319) 351 - 0326	429 Southgate Avenue Iowa City, IA 52240	info@shelterhouseiowa.org
Social Security	Disability Services, Financial Assistance	Social Security Disability Insurance (SSD or SSDI) is a government program managed by the Social Security Administration and designed to provide income supplements to people who are restricted in their ability to be employed because of a notable disability. Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits. Medicare is a federal health insurance program for people age 65 or older. The program helps with the cost of health care. A person must apply for the program through the Social Security Office. Retirement & Survivors Benefits.	https://www.ssa.gov/	(866) 964-2039	1100 6th Street - Suite 100 Coralville IA 52241	
Successful Living	Disability Services, Housing Assistance, Mental Health Services	Development of skills and support through hands on training such as: budgeting, housing, education, communications, socialization, self-care, nutrition, meal planning, conflict resolution and interpersonal skills.	https://icsuccess.org/	(319) 358-6800	2406 Towncrest Dr, Iowa City, IA 52240	
Systems Unlimited	Disability Services, Mental Health Services	Individualized support services for people with developmental disabilities and mental health needs. Offers employment services, supported living, behavioral health solutions, and therapy.	Systems Unlimited, Inc Changing Lives... One at a Time	(319) 338-9212	2533 Scott Blvd SE, Iowa City, IA 52240	
The Arc of Southeast Iowa	Childcare Services, Disability Services, Youth Services	Childcare for children, Support services, Advocacy, Supported Employment, Summer Camp, After School Program, Day Habilitation, Group Respite	https://www.arcsei.org/	(319) 351-5017	2401 Towncrest Dr, Iowa City, Iowa 52240	

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Thrive Together	Deaf, Hard of Hearing, Deaf-Blind Services	Works to end domestic violence and sexual assault within the Deaf, Hard of hearing, and Deaf-Blind community. Services include peer counseling, advocacy, community education, prevention education, housing advocacy, and a crisis hotline.	https://www.thrivetogethertoday.org/	(319) 531-7719	1660 42nd St. Suite R, Cedar Rapids, IA 52402	help@thrivetogethertoday.org
UIHC Child & Adult Psychiatry	Mental Health Services	From inpatient to outpatient, we provide comprehensive care to children, adolescents, adults and older adults in a safe, comfortable, and confidential setting.	https://uihc.org/services/psychiatry	(319) 353-6314	200 Hawkins Dr, Iowa City, IA 52242	
United Action for Youth	Crisis Services, Family Services, Health Services, Housing Assistance, LGBTQ Services, Mental Health Services, Substance Use Services, Youth Services	Youth Centers, Young Parent Services, Health Education, Youth Groups, Transitional Living Program, Art Programs, Music Programs, Crisis, Advocacy, & Mediation Program (CAAMP), Counseling services, Runaway & Homeless Youth services.	https://www.unitedactionforyouth.org/	(319) 338-7518	1700 S. 1st Ave #14, Iowa City, IA 52240	
Visiting Nurse Association	Healthcare Services	Providing health services to individuals in their home and in community settings. The VNA provides in-home medical services to individuals ranging in age from infants to elders with acute and chronic illness or disability. VNA has a nurse on call 24 hours a day for patient concerns.	https://vnaic.org/	(319) 337-5566	1524 Sycamore St., Iowa City, IA 52240	
VRSI - Vocational Rehabilitation Services	Employment Services, Disability Services	Works with Iowans with disabilities to find successful employment across the workforce.	https://workforce.iowa.gov/vr	(319) 354-4766	Eastdale Plaza 1700 S. 1st Ave. Suite 11-A Iowa City, IA 52240	