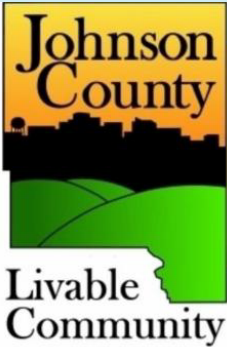


JCLC January 2024 Newsletter



Johnson County Livable Community Information for Successful Aging

> the primary information resource for Seniors <

www.livablecommunity.org

MLK Jr. Day

Every year, organizations throughout the Johnson County area organize a series of events that celebrate Martin Luther King Jr. Day, Monday, January 15, 2024. These events help remember his legacy while also working toward expanding human rights today.



City of Coralville Events

Come together to celebrate the life and legacy of Dr. Martin Luther King Jr. with an afternoon of festivities, service, and learning. Activities are family-friendly and free. **[See the full event schedule here.](#)**

Mural Painting

Date/ Time: 12-4PM January 15, 2024 at Coralville Rec Center
[Sign up for 40 minute time slot](#)

City of Iowa City events

[Click here fo full descriptions of the following events.](#)

UAY and ICPL Dr. King Series for Youth

Date/ Time: 5-6 P.M. Jan 12, 19, and 26, 2024 at UAY Swaim Center, Clock Tower Plaza, 355 Iowa Ave

MLK Day Family Storytime

Date/ time: 10:30-11 a.m. Monday, January 15, 2024, in the ICPL Storytime Room

MLK Day Celebration at Mercer

Date/ time: 9:30 a.m.-12:30 p.m. Monday, Jan. 15, 2024, at Mercer Park and Aquatic Center

Screening of 'The Road to Justice'

Date/ time: 6-7:30 p.m. Tuesday, Jan. 16, 2023, at Iowa City Public Library Meeting Room A

University of Iowa Events

[Click here for event updates and additional opportunities!](#)

- **Unity March and Community-wide Celebration | Jan. 15, 2024**

Join us as we march together in unity, fostering collaboration across our community.

- **Service Day – Iowa City Free Lunch Program | Jan. 16, 2024**

Participate in a day of service as we contribute to the Iowa Free Lunch Program, supporting those in need in our community.

- **Service Day - Kit Building for Those in Need | Jan. 20, 2024**

Come together to make a positive impact by assembling kits for individuals facing various challenges.

Student Activity Center (260 IMU) from 5-8 p.m.

Iowa Rent Reimbursement

If you're a low-income Iowan aged 65 or older or a low-income disabled adult you may be eligible for a partial reimbursement of your rent. You can now apply for reimbursement for 2023 and 2022 claims using any device that connects to the internet. To be eligible you need to be 65 or older in the claim year or be at least 18 and totally disabled in the claim year. **You can access a printable form here.**

Income Limits

- To be eligible for Rent Reimbursement for claim year 2022, your total annual household income must be less than \$25,328
- To be eligible for Rent Reimbursement for claim year 2023, your total annual household income must be less than \$25,328

[Click here for more information and to apply online](#)

Caregiver 101: Stress Reducers

The Heritage Area Agency on Aging is hosting a Caregiver 101 series with the first program on January 17th. Stress is a natural part of caregiving, but it doesn't have to stay forever. Join us for Caregiver 101 and get the best tips and tricks Madalyn has learned working with hundreds of caregivers here in eastern Iowa.

This program is available via Zoom and the Iowa City Senior Center is also available as a viewing site.

<https://kirkwood.zoom.us/j/7341853988>

Zoom Meeting ID: 734 185 3988

Zoom call-in number: 646-876-9923

RSVP for the program is encouraged, but not required. You may RSVP to Harrison March at harrison.march@kirkwood.edu or by phone at 319-398-5559.



Madalyn Schiffer

Heritage AAA



Area Agency on Aging presents

Caregiver 101 **STRESS REDUCERS**

Stress is a fact of caregiving. While you can't make it disappear completely, you can learn to manage it. Join us to learn the best stress reducing tips and tricks from Heritage AAA's caregiving expert, Madalyn Schiffer.

The program will be available live on Zoom.
Attend a viewing site to enjoy refreshments and in-person consultations with Heritage AAA staff.

WHEN

Wednesday, Jan. 17
12 pm – 1 pm



VIEWING SITES

Marion Public Library
Iowa City Senior Center



ZOOM INFO

Meeting ID: 734 185 3988
Call-in number: 646-876-9923



FREE TO ATTEND

Register by contacting Heritage AAA:
319-398-5559 or heritage.agency@kirkwood.edu

Iowa City Revises Zoning Code to Encourage ADU Development

By: William Gorman, Chair of JCLC Housing Action Team

It has been an initiative of JCLC's Housing Action Team (HAT) to encourage cities to adopt zoning code to allow Accessory Dwelling Units (ADUs). In November 2022, HAT sponsored a Public Forum in conjunction with the Homebuilders Association and the

Realtors Association to invite elected officials, home builders and realtors to learn about ADUs. HATs goal is to increase affordable housing stock, not only for seniors, but all age groups.

Subsequent, to the training, HAT submitted zoning code recommendations to all the cities in Johnson County. Iowa City Planning staff took the recommendations seriously and began to look at how to revise their existing ADU zoning code to make improvements which might increase the number of ADUs throughout the city. Their recommendations were considered throughout 2023 by the Planning and Zoning Commission and ultimately by the City Council. In November 2023, the City of Iowa City Council approved major zoning code changes for ADUs.

Some of the major changes to the zoning code are as follows:

1. ADUs are now allowed in all residential districts;
2. ADUs may be attached to the primary residence or detached;
3. Off-street parking is no longer required.
4. The size allowance for ADUs has been increased to 1,000 sq. feet;
5. A detached ADU no longer has to match the exterior finishes of the primary residence. An attached ADU will still need to match the exterior finishes of the primary residence;
6. Entrance locations for an ADU do not have to face the side or rear lot line;
7. The term “accessory apartment” was changed to “accessory dwelling unit” to match the generally accepted national term for a separate small dwelling on the same lot as a primary residence.
8. The requirement for owner occupancy was maintained with the understanding they may revisit this issue in the future.

The Housing Action Team will continue its effort to encourage other cities in Johnson County to adopt zoning code allowing ADUs throughout 2024 and into the future.

Dementia Friendly Johnson County

Dementia Friendly Johnson County held 32 sessions in 2023 which created 767 new Dementia Friends and 12 new Dementia Friendly Businesses/ Organizations. The initiative is off to a fast start thanks to some awesome Dementia Champions.

Staff members of the Iowa City Public Library (ICPL) took steps towards becoming a Dementia Friendly Business last week. Libraries are an essential part of our community, and we are thankful that ICPL is taking actionable steps to be more accommodating!

Want to be a Dementia Friend or a Dementia Friendly Organization? It only takes an hour of time to go through the training. Reach out to Jeff Kellbach, jkellbach@johnsoncountyiowa.gov if you have questions or would like to get a training scheduled.



League of Women Voters 2024 Legislative Forum

The League of Women Voters Johnson County (LWVJC) is hosting three legislative forums this winter with a focus on Education, Healthcare and Public Safety.

Each forum will open with legislators sharing important information about what they are working on in Des Moines. The LWVJC will then ask a question to get things started. The floor will then be opened up to anyone in attendance to ask a question. Questions are

limited to one minute in length.

All three forums will be held in the Assembly Room at the Iowa City Senior Center, 28 S Linn St, Iowa City, IA 52240 and may also be viewed live on the <https://www.facebook.com/LWVJCIA/>

For additional information, visit <https://lwvjc.org/>



2024 LEGISLATIVE FORUMS



SAVE THE DATES 2024 LEGISLATIVE FORUMS

JANUARY 27, FOCUS ON EDUCATION

FEBRUARY 24, FOCUS ON HEALTHCARE

MARCH 30, FOCUS ON PUBLIC SAFETY

ALL FORUMS 9:30 - 11:30 AM

IOWA CITY SENIOR CENTER ASSEMBLY ROOM

Forums will be live streamed to the LWVJC Facebook page and
recorded to the LWVJC and City Channel 4 websites



AARP Foundation Tax Aide Program

Free tax preparation services are available by appointment at the Senior Center from early February through mid-April. Low to moderate income taxpayers, especially those age 60+, can receive this free service, provided by trained volunteers of the AARP Foundation Tax-Aide Program.



Clients will schedule an intake appointment to drop off and inventory their tax-related materials and sign some forms. A counselor prepares the tax return while the client waits in the 1st floor lobby. The counselor will consult the client with any questions, then review the completed return with the client before e-filing. Expect the process to take about 60-90 minutes.

Clients must bring copies of federal and state tax returns for the most recent year filed, photo ID and Social Security card for each taxpayer included on the return, W-2 forms, 1099 forms (including Social Security benefits statement), and bank routing/account info for direct deposit/debit.

[Click here to make an appointment](#)

Local Programming and News

Click on the categories below to access more information

Senior Connections Lunch	AARP Iowa Events	Alzheimer's Association Upcoming Events	Solon Senior News January 2024 Newsletter
Silver Linings Older Iowans	Hancher Auditorium Upcoming Events	Iowa City Senior Center Iowa City- January and February Activity Guide	
Stanley Museum of Art Calendar	Trail of Johnson County Calendar	UI Center of Human Rights Events	



JC Livable Community | 855 S. Dubuque St., Suite 202B, Iowa City, IA 52240

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