



# Livable Community for Successful Aging Policy Board Minutes

Meeting date: Tuesday, October 12, 2021 2:30 PM

## NOTES

Members (Present): Josey Bathke, Scott Hawes, Lynette Jacoby, Doreen Nott, Bob Welsh, , Jon Green, Tracey Achenbach, Lorraine Bowans, Stacia Rath

Members Absent (Excused): Victoria Steelman, Carla Phelps

Staff Present: Jeff Kellbach

- 1) Welcome & Introductions – Bathke 2:37PM
- 2) Public Comments – Comments on items not on the agenda - none
- 3) Approval of Minutes from Meetings of August 10, 2021 – Lorraine Bowans moves; Dorene Nott seconds; all ayes
- 4) **Update from Aging Specialist**
  - a) Caregiver Sessions - just finished 7 week course
  - b) Aging in Place - last event is on 10/13/21 at Noon
- 5) **Finances – Jacoby**
  - a) Bills - \$0 spent so far this FY
  - b) Finance update
    - a. entire budget of \$5,000 available
    - b. No longer have monthly webpage expenditures bc webpage moved in house
    - c. WebSpecs expense to update the directory was taken out of last FY budget
  - c) Possible expenditures
    - a. Hiring marketing assistance – Lorraine to f/u on this potential
- 6) **Meeting Format Going forward (recheck status at FY end)**
  - a) Policy Board – Hybrid
  - b) Exec – Zoom
  - c) Action Teams – Zoom
- 7) **American Rescue Plan Act**
  - a) Stacia compiled JCLC board member feedback for Jeff
  - b) Jeff met with Board office staff for input on JCLC rough draft
  - c) Jeff submitted final JCLC document to the Board
- 8) **JCLC 2022 Legislative Priorities – Board members TO DO: provide thoughts/additional items to Jeff no later than October 19th**
  - 1) Support a comprehensive bill that combats elder abuse, enacts specific penalties for perpetrators of abuse, utilizes special adult abuse investigators and includes a public awareness program.
  - 2) Include language in the Health and Human Services Appropriations bill to allow Iowa Department of Aging to access \$1 million in state funding for grant matches for the Livable

Homes Program assisting older adults to remain in their homes longer and avoid costly long-term care facilities.

- 3) Allocate additional funding to the Office of the State Long-Term Care Ombudsman to increase the number of ombudsman and resources necessary to complete site visits, respond to the needs of residents in long-term care facilities and fulfill duties as outlined in the Iowa Code.
- 4) Increase funding and reduce barriers to access funding for projects that provide low-interest loans, forgivable loans, and grants for projects that provide rehabilitation accessibility modification and creation of new rental units for low/moderate income older adults.
- 5) Jeff TO DO: insert OIL direct care workforce issue language here

## 9) Strategic Plan

- a) Debrief discussion with North Liberty Planning and Zoning
  - i. Jeff provided educational session with emphasis on community connections/relationships and dialogue about livable communities
  - ii. Jeff will continue to work with Ryan Rusnek at City of NL
  - iii. City code does not change overnight so developing relationship and being recognized as an expert & resource is valuable
  - iv. Possible Expenditure for f/u: quarterly (or biannually) meeting/luncheon with planners and P&Z commissioners
  - v. NEXT STEP: Tiffin is fastest growing community in the area; Josey/Jeff TO DO: f/u on how to get on Tiffin P&Z or city council agenda before calendar year end

## 10) Reports from Action Teams and Committees

### 1) AARP Designation Follow-Up Group –

- b. Board Member to be on this committee – Lorraine, Stacia (chair), Josey
- c. Board Members TO DO: contact Stacia if you are interested in being on this committee
- d. Lorraine TO DO: order the AARP booklets to be delivered to Jeff's office
- e. Jeff/Stacia TO DO: schedule the first meeting and send invite to all JCLC policy board members in case they are interested
- f. Train volunteers on how to speak within the community
- g. Recruit volunteers to assist with this effort
- h. In conjunction with the AARP recognition we should provide guidance on how to speak to leaders on being a livable community – how can they contribute; create and provide them a toolkit

### 2) Caregivers

- a. Working event in November RE: coping with the holidays for caregivers – date/time TBD
- b. Considering a caregiver wellness event in early 2022 given uneasiness for in-person events during COVID

### 3) Communications Committee

- a. Possible Marketing Assistance – Lorraine to f/u w/committee on individual and cost
- b. Possible Expenditure for f/u: quarterly (or biannually) meeting/luncheon with planners and P&Z commissioners and members of the public
- c. Send communication to new mayors
- d. October Newsletter
  - i. JCLC Board Members TO DO: share the October newsletter to family, friends & colleagues
  - ii. Jeff TO DO: make signing up for the newsletter possible from the new website

- e. Website Review – members reviewing sections to help Jeff get it done
- 4) **Falls Prevention**
  - a. Statewide symposium occurred
  - b. Jeff TO DO: send link to all JCLC Board Members
- 5) **Housing**
  - a. Discussed how to increase attendance at the forum
  - b. Hills Bank Personal Information file folder - Lorraine to f/u w/committee
- 6) **Transportation**- Not Currently Meeting- No chair

**11) Meeting dates for future meetings**

- b) Executive Committee Meeting- November 9<sup>th</sup> at 2:30PM
- c) Policy Board- December 14<sup>th</sup> at 2:30PM

**12) Future Meeting Topics**

- a) Exec Committee Officer Vote to Occur in December
- b) JCLC Board Members TO DO: anyone interested in being a part of the Exec Committee please contact Jeff
- c) Current Members
  - i. Chair – Josey
  - ii. Vice Chair – Lorraine
  - iii. Secretary – Dorene
  - iv. Treasurer - Lynette

**13) Announcements**

- a) Facebook Page Link: <https://www.facebook.com/JCSocialServices>
- b) Newsletter Link: coming out later in October

**14) Adjournment 3:50PM**