PROCLAMATION ALZHEIMER'S AND BRAIN AWARENESS MONTH JUNE 2018

- **WHEREAS**, the health and safety of all Johnson County residents is important to the happiness, prosperity, and well-being of our families, communities, and economy; and
- WHEREAS, Alzheimer's disease is a progressive brain disease that slowly deteriorates brain cells, affecting one's reasoning skills and abilities to perform simple tasks, ultimately leading to memory loss; and
- WHEREAS, more than five million people in the United States are living with Alzheimer's, including approximately 64,000 Iowans aged 65 and older; and
- WHEREAS, one in three seniors dies with Alzheimer's or another dementia, and Alzheimer's is the sixth leading cause of death in adults age 18 or older in the United States and is the only cause of death among the top ten causes in the United States that currently cannot be prevented, cured, or even slowed; and
- WHEREAS, nearly 50 percent of individuals with increased memory problems reported they had not discussed their symptoms with a health care provider, yet early and documented diagnoses when coupled with access to care planning services leads to better outcomes for individuals with Alzheimer's disease, as well as their caregivers; and
- WHEREAS, caregivers and family members are crucial in maintaining a healthy quality of life for those battling Alzheimer's disease or another dementia; and
- WHEREAS, changing the trajectory of Alzheimer's disease requires the same public health tools and techniques that helped alter the course of heart disease, cancer, and HIV/AIDS in our country: encouraging healthy behaviors to reduce the risk of co-occurring conditions, decreasing the number of people with undiagnosed dementia, improving medical management of dementia and co-morbidities, and assisting family caregivers with getting support to help them sustain their vital role; and
- WHEREAS, it is imperative that Alzheimer's and dementia patients receive early diagnoses and have access to quality, affordable care, and that further research of Alzheimer's disease continues.

NOW, THEREFORE, be it resolved that we, the Johnson County Board of Supervisors, do hereby proclaim **June 2018**, to be:

ALZHEIMER'S AND BRAIN AWARENESS MONTH

in Johnson County, and encourage all residents to join in honoring all Johnson County families affected by Alzheimer's disease and other dementias.

COMUNITARY

Signed this 7th day of June, 2018, in Johnson County, Iowa

Mike Carberry, Charperson

Johnson County Board of Supervisors