



Livable Community for Successful Aging Policy Board

Minutes April 9, 2019 2:30 PM

**Location: Johnson Co. Health and Human
Services Bldg. Rm. 203B**

Members Present; Tracey Achenbach, Lorraine Bowans, Michelle Buhman , Eve Casserly, Maria Donohoe, Cathy Fitzmaurice- Hill, Pat Heiden, Dave Koch, Scott McLeod Rosemary Schwartz, Carolyn Warkentin, Bob Welsh

Staff Present; Jeff Kellbach, Callissa Mescher [student]

Welcome and Introductions: Cathy Fitzmaurice-Hill called meeting to order with a round of introductions.

Public Comment: Tracey Achenbach was congratulated on receiving 2019 Corridor Business Journal Woman of Influence Award, 10 women were chosen for 2019.

Approval of Minutes: Casserly moved & Welsh seconded to approve February 26 minutes, motion carried.

Updates from Aging Specialist- Kellbach reported working on a flyer for May Older Americans Month.

May 2 Senior Center Open House from 4PM to 7PM inviting JCLC to have a table.

May 8 Aging in Place Forum Housing Action Team Communications Must Haves

May 14 Hills Atrium Senior Potluck Kellbach & Johnson County Mobility Specialist Kelly Schneider will present

May 23 Care Giving issues & Caregivers Support

May 29 Fraud Protection with Sally Leme & inviting Coralville Police Department to also present & answer questions.

Johnson County Supervisors will be making a Proclamation May is Older Americans Month & asking members to attend meeting April 25 9:00AM.

Finances: Reported that basic monthly expenses for Administrative Assistant, Mileage & Web-Site. May is the last month for newsletter & our contract with Sadja Pals ends at the end of June.

As a result, there will be changes to Newsletter including it being sent out more frequently with updates & reminders of events.

Strategic Plan: Working to schedule meeting for final presentation to the JCLC Board.

Older Americans Month: Theme is CONNECT, CREATE, CONTRIBUTE, Committees & Action Teams are planning more events for the Fall.

Reports from Action Teams & Committes

CAREGIVERS: The Governor will be signing Iowa Care Act today and it will go into effect July 1st. The legislation allows patients to appoint a family caregiver to assist them once they leave the hospital. When a patient is admitted they will be asked who caregiver is & will be notified when patient is dismissed & instructed as to the care of the patient.

Other potential events being planned are Standards for in Home Care Training, Long Term Care Insurance, Caregiver Lunch & Learn sessions and a celebration of the Iowa CARE Act.

COMMUNICATIONS COMMITTEE: Working with web transition, information updates, Older Americans Flyers, & the May Newsletter

FALLS PREVENTION: September 20, Johnson County Health Resource Fair looking at Oakdale Kirkwood Campus. Stepping on Classes & Tai Chi programs are getting a lot of interest from the University of Iowa promoted to staff & alumni. Resource Fair will be held September 20.

HOUSING: Lunch & Learn sessions were well received & attended last year. JCLC & Iowa City Realtors & Home Builders Associations are working on topics to start presenting in May & hope to continue once a month thru the fall.

TRANSPORTATIONS: Discussed 380 Express ridership that is increasing every week & exploring topics to have an event in Fall featuring 380 Bus, help Iowa City with Bus Survey, Carfit, Mobility Riders help, & free bus passes. A committee will be discussing & planning.

OPEN AGENDA: Welsh asked if we might explore steps to be recognized nationally by AARP as a Livable Community? Welsh also recommended the Pathway Elder Abuse in East Central Iowa presentation. Asked if group might work as an advocate with next General Assembly against Elder Abuse?

NEXT MEETING is June 11, 2019

Respectfully submitted Carolyn Warkentin

